A long-duration gamma-ray burst of dynamical origin from the nucleus of an ancient galaxy

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Abstract

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The majority of long duration (> 2 s) gamma-ray bursts (GRBs) are 71 believed to arise from the collapse of massive stars [1], with a small pro-72 portion created from the merger of compact objects [2–4]. Most of these 73 systems are likely formed via standard stellar evolution pathways. How-74 ever, it has long been thought that a fraction of GRBs may instead be an 75 outcome of dynamical interactions in dense environments [5-7], channels 76 which could also contribute significantly to the samples of compact object 77 mergers detected as gravitational wave sources [8]. Here we report the 78 case of GRB 191019A, a long GRB ($T_{90} = 64.4 \pm 4.5$ s) which we pin-70 point close ($\lesssim 100$ pc projected) to the nucleus of an ancient (> 1 Gyr 80 old) host galaxy at z = 0.248. The lack of evidence for star formation 81 and deep limits on any supernova emission make a massive star origin 82 difficult to reconcile with observations, while the timescales of the emis-83 sion rule out a direct interaction with the supermassive black hole in the 84 nucleus of the galaxy. We suggest that the most likely route for progen-85 itor formation is via dynamical interactions in the dense nucleus of the 86 host, consistent with the centres of such galaxies exhibiting interaction 87 rates up to two orders of magnitude larger than typical field galaxies [9]. 88 The burst properties could naturally be explained via compact object 89 mergers involving white dwarfs (WD), neutron stars (NS) or black holes 90 (BH). These may form dynamically in dense stellar clusters, or originate 91 in a gaseous disc around the supermassive black hole [10, 11]. Future 92 electromagnetic and gravitational-wave observations in tandem thus offer 93 a route to probe the dynamical fraction and the details of dynamical 94 interactions in galactic nuclei and other high density stellar systems. 95

The evolution of most stars in the Universe is dominated by their stellar or 96 binary evolution. However, for a small fraction in dense environments addi-97 tional many-body interactions create new channels to the formation of exotic 98 stellar systems, such as the progenitors of gamma-ray bursts. These bursts qq arise in at least two varieties. The first is formed from the collapse of massive 100 stars and typically with duration > 2s [12]. The second arises from the merg-101 ers of compact objects, and typically have duration <2s [13], although recent 102 evidence demonstrates some can be much longer [2-4]. 103

GRB 191019A was detected by the Neil Gehrels Swift Observatory (hereafter Swift) at 15:12:33 UT on 19 October 2019 [14]. The burst is characterised by a fast rise and slower decay with additional variability superimposed (Figure 1). The duration is measured to be $T_{90} = 64.4 \pm 4.5$ s [15], hence classified as a long GRB. The burst is relatively soft with a power-law photon index of $\Gamma = 2.25 \pm 0.05$. Its fluence is $S = (1.00 \pm 0.03) \times 10^{-7}$ erg cm⁻² (15–150 keV) [15].

Space-craft constraints prevented a prompt slew by *Swift*, and observations with the X-ray Telescope (XRT) and the Ultraviolet and Optical Telescope (UVOT) began 52 minutes after the burst. These revealed an X-ray and UV

afterglow [16]. We obtained optical observations of the field with the Nordic 114 Optical Telescope (NOT) beginning 4.52 hours after the burst [17]. Comparison 115 with later epochs reveals a faint afterglow positionally consistent with the 116 nucleus of the host galaxy visible in each of the q, r, i and z-bands (Figure 2). 117 Spectroscopy obtained with the NOT on 19 October 2019, and confirmed with 118 the Gemini-South telescope on 1 December 2019, found a redshift of z = 0.248119 based on several absorption lines, including Ca H&K and the hydrogen Balmer 120 series (Figure 3). The standard star-forming emission lines are notably absent 121 from these spectra, suggesting an old galaxy. 122

Following these observations, we obtained deep imaging in the g, r and zbands from the NOT and the Gemini-South telescope from 2 to 73 days after the burst, and optical imaging with the *Hubble Space Telescope* at 30 and 184 days. None of these images reveal any evidence for transient emission to limits of typically g > 24, r > 23.5, z > 22 (see Figure 4)

The non-detection of optical light between 2 and 70 days places stringent 128 limits on any associated supernova to levels ~ 20 times fainter than SN 1998bw 129 (Figure 4; see also Methods). In fact, the deepest r-band/F606W limits reach 130 absolute magnitudes of $M \sim -16$. This is comparable to the faint end of 131 the core-collapse supernova distribution and fainter than any known stripped-132 envelope event found in the large sample from the Zwicky Transient Factory 133 [18]. It is also fainter than optically selected tidal disruption events [19, 20]. 134 The limiting luminosity is comparable to the peak luminosity of kilonovae. 135 However, our observations probe much longer timescales than those of kilo-136 novae, such that we could not rule out events similar to AT2017gfo [21, 22]. 137 The lack of a SN detection cannot readily be ascribed to dust extinction since 138 the spectral energy distribution of the afterglow constrains this to be small 139 $(A_V = 0.06 \pm 0.05)$, see Methods). This makes GRB 191019A a member of sub-140 class of long GRBs without associated supernova emission. Of the GRBs at 141 z < 0.3 with optical afterglows¹, there are a total of 4 of these events (including 142 GRB 191019A). In two of these (GRB 060614 and GRB 211211A) a kilonova 143 has been observed [2-4, 23, 24], while GRB 060505 has also been suggested 144 to arise from a compact object merger. The most economical hypothesis for 145 the origin of GRB 191019A is that it belongs to the same population, and is 146 created from a compact object merger. 147

¹⁴⁸ Combining *HST* UV observations with our spectroscopy and archival imag-¹⁴⁹ing, we fit the available photometric and spectroscopic data with the stellar ¹⁵⁰ population inference code **Prospector** (Figure 3 and see Methods). The results ¹⁵¹ favour an old stellar population for the host, with the majority of stellar mass ¹⁵² forming > 1 Gyr ago, and little ongoing star formation $(0.06 \pm 0.03 M_{\odot} \text{ yr}^{-1})$. ¹⁵³ The stellar mass itself is found to be $\approx 3 \times 10^{10} M_{\odot}$.

The location of GRB 191019A in the galaxy nucleus could indicate an origin associated with the supermassive black hole which resides there, with scaling relations implying a black hole with a mass of a few $\times 10^7 M_{\odot}$ [25].

 $^{^1\}mathrm{These}$ conditions ensure that a supernova is readily visible, and that heavy extinction is not the cause for its non-detection

However, the timescales for the emission are too short for either variability in
an active galactic nucleus (AGN) or a tidal disruption event (TDE) (see Methods). Instead, the burst most likely arises from a stellar progenitor. The lack
of a supernova and the location in an old population rule out a massive star.
Instead, it appears that GRB 191019A belongs to the population of apparently long GRBs formed from compact object mergers [2–4]. Its energy release
and afterglow luminosity are consistent with this group of GRBs (Methods).

However, the nuclear location of the GRB on its host galaxy differs from 164 compact object merger expectations. Systems formed via standard stellar evo-165 lution channels involve two supernovae; at each supernova, the combination 166 of natal kicks and those induced from mass loss frequently give the binary a 167 substantial (50–500 km s⁻¹) systemic velocity. Furthermore, compact binary 168 systems typically have long lifetimes prior to merger, allowing them to move far 169 from their birth sites. Indeed, no short GRB with sub-arcsecond localisation 170 is consistent with the nucleus of its host galaxy [26]. 171

We suggest instead that the binary which created GRB 191019A formed via dynamical interactions in the dense nucleus of its host galaxy. Dynamical channels for compact object formation may be due to many-body interactions in dense stellar systems such as globular clusters [5, 27] or nuclear star clusters in galaxies [6, 28]. Alternatively, they may also form at a significantly enhanced rate in the gaseous discs that surround supermassive black holes [7, 29].

The host galaxy of GRB 191019A appears similar to those that prefer-178 entially host tidal disruption events, with a very compact core and Balmer 179 absorption lines. The Lick indices for $H\delta$ in absorption and $H\alpha$ in emission are 180 $1.54^{+1.44}_{-0.74}$ and $2.51^{+1.81}_{-2.51}$, consistent with those of the TDE population which 181 make up only $\sim 2\%$ of SDSS galaxies, but 75% of the TDE hosts [30]. The 182 TDE rate effectively measures the stellar interaction rate close to the black 183 hole. Scattering events are responsible for placing stars on paths which cross 184 closer than the tidal radius for the star around the SMBH. The preference 185 for TDEs in galaxies of certain types is related directly to their dense stellar 186 environments, and interaction rates [9]. At face value, then, the host galaxy 187 of GRB 191019A may have a dynamical interaction rate one to two orders of 188 magnitude larger than typical galaxies. 189

Considering these effects, and the (uncertain) intrinsic ratios of dynamical 190 to field binaries [31], we estimate the the number of dynamical mergers is typi-191 cally two orders of magnitude higher than the field meger rate in locations like 192 that of GRB 191019A (see Methods). This implies that it is most likely that 193 GRB 191019A was created dynamically. However, there are considerable uncer-194 tainties, and reasonable assumptions could yield much lower ratios, although 195 would typically still suggest that a dynamical channel is the most likely. If 196 GRB 191019A results from a dynamically formed compact object merger, it 197 may arise from several possible merger products, including NS-NS, NS-BH, 198 NS-WD and BH-WD. The nature of the merger product and its location (e.g. 199 stellar cluster versus gas disc) should have a direct impact on the observed 200

properties of the burst, particularly concerning duration, spectral hardness,
 and energetics.

In the case of NS-NS or NS-BH systems, one may wonder why no appar-203 ent short (< 2 s) spike is observed in the prompt lightcurve, as in short 204 GRBs with extended emission. The detection of the kilonova in GRB 211211A 205 demonstrates that such a short spike is not necessarily required, although 206 GRB 211211A appears to show other similarities to extended emission (EE) 207 bursts [32]. However, GRB 191019A may arise from a similar population where 208 the contrast between "spike" and "extended" emission is smaller [33], or that 209 the extended emission is beamed with a larger opening angle than the initial 210 spike and is unseen in this case [34, 35]. Alternatively, mergers involving white 211 dwarfs have longer timescales naturally [36], and such an event is also possi-212 ble here. Indeed, interactions in dense clusters tend to leave the more massive 213 components in binaries, so BH-NS or BH-WD mergers may be favoured [27]. 214 White dwarf-containing systems should yield rapid, relatively faint transients, 215 with one event, AT2018kzr [37, 38], suggested to arise from the merger of a 216 white dwarf with a black hole. Our observations are not sufficiently sensitive 217 to constrain the presence of such a signal in GRB 191019A. 218

Alternatively, the nuclear location also allows compact object mergers 219 within a disc around the supermassive black hole, although there is no strong 220 evidence for AGN activity in the host (see Methods). In these discs, the com-221 pact object binaries are frequently formed by "gas capture" mergers, which 222 can substantially enhance the rate, despite the relatively small number of stars 223 within the disc [29]. In this scenario, the long duration may well be expected, 224 even for an intrinsically short engine. The higher densities within the disc 225 cause the external shock to form and slow much closer to the progenitor than 226 in bursts with a normal interstellar medium density. This extra baryon load-227 ing may effectively choke the jet [10] for very high densities. However, this 228 interaction's effect smears out the prompt emission over an extended period. 229 A very recent and explicit prediction of compact object mergers within discs is 230 that intrinsically short-hard GRBs should become longer and softer [11], with 231 a notable hard-soft evolution. This is exactly what is seen in GRB 191019A. 232

It is relevant to consider whether similar events exist within the GRB pop-233 ulation but have been hitherto unrecognised. The vast majority of long GRB 234 hosts are star-forming galaxies and, where searches are possible, usually show 235 the signatures of broad-lined type Ic supernovae. There is a small population 236 of long bursts with deep limits on any supernova signatures [39, 40]. Some of 237 these have already been classified as short GRBs with extended emission [41]. 238 however there are additional bursts which bear further scrutiny. GRB 111005A 239 [42] was localised only via its radio afterglow but has deep limits on associ-240 ated supernova emission. It lies in a local galaxy at only 55 Mpc and is also 241 close to the nucleus. It could well have arisen from a compact object merger 242 as suggested by [43] and its location raises the prospect of dynamical forma-243 tion. GRB 050219A does not have a sub-arcsecond localisation, but is likely 244 associated with a post-starburst galaxy whose properties are similar to the 245

host of GRB 191019A [44]. Finally, there are several long GRBs whose locations are consistent with their host nucleus [45], although most of these are
in star-forming hosts and likely arise from massive star collapse. Overall, the
observational evidence suggests that, at most, a few per cent of the observed
(long and short) GRB population forms via dynamical channels and that most
of the observed systems arise via stellar (binary) evolution.

Identifying a likely dynamically produced GRB offers some of the first 252 evidence for forming stellar-mass compact objects via dynamical channels in 253 galactic nuclei. The mergers of such systems have received significant attention 254 as a possible explanation for a fraction of the observed gravitational-wave 255 population, particularly with regard to more massive black holes which can 256 be formed via successive mergers [46]. The gamma-ray bright population of 257 mergers may be dwarfed by those that do not emit such high-energy flashes. 258 In particular, very high densities within gaseous discs can result in the choking 259 of any GRB-like emission [10], and BH-BH mergers are generally expected to 260 be EM-dark. GRBs in dense galactic nuclei therefore offer a unique new route 261 to probe exotic compact object formation channels. 262



Fig. 1 a) The γ -ray light curve of GRB 191019A as observed by the *Swift*-BAT. The burst consists of a single emission episode, with additional intrinsic variability. The burst begins with a short spike, but it is not especially hard, nor separated from the bulk of the emission. The lower panel shows the hardness ratio between the 50–100 and 15–25 keV bands, demonstrating some degree of spectral softening, with the initial peak being the hardest emission episode. b) The location of GRB 191019A on the hardness–duration plane. The background red points represent bursts from the *Swift*-BAT catalog [47], while GRB 191019A is indicated with the dark blue circle. Also marked are the locations of bursts identified as short+EE based on the duration of their initial complex and extended emission (EE) separately. The properties of GRB 191019A are comparable with the properties of the EE-component in other bursts.



Fig. 2 Optical images of the afterglow of GRB 191019A and its host galaxy. a) The *i*-band afterglow discovery image from the NOT. b) The result of a PSF-matched image subtraction with an image taken on 29 October. A residual is clearly visible at the centre of the galaxy. c) The field as observed by *HST* in April 2020, matched to the NOT images. d) A zoomed in region around the host galaxy of GRB 191019A as seen with *HST* (as indicated with the cyan box in panel c). The ellipses indicate the 2σ uncertainty regions for the optical afterglow on the host as inferred from the NOT g (cyan), r (green), i (yellow) and z (magenta). The location of the afterglow is consistent with the nucleus of the host galaxy with a projected offset, based on the *i*-band measurement, of $r_{\rm proj} = 78 \pm 109$ pc.



Fig. 3 The optical spectrum of the host galaxy of GRB 191019A as observed with the NOT. The spectrum shows no emission lines associated with star formation (the expected locations of strong emission lines are marked with grey bands, and telluric absorption in pink). There is weak evidence for emission from [N II] (6584 Å). The locations of prominent absorption features from which the redshift is determined are marked with dashed lines. Also shown are the results of a Prospector fit to the stellar spectrum (e.g. omitting any emission lines). Any lines would appear in the residuals.



Fig. 4 Comparison between the upper-limits obtained from our targeted observations of GRB 191019A and the expectations of the lightcurve from supernova or tidal disruption events. The upper limits represent the depth of our NOT, Gemini and HST observations, while the solid lines correspond to the expectations of SN 1998bw at z = 0.248, based on the light curves of [48]. The right hand panel shows histograms of the peak absolute magnitude distributions of supernovae and tidal disruption events found by ZTF [18, 20]. Also shown are the faintest and fastest evolving tidal disruption event iPTF16fnl [19, 49], AT2018kzr, suggested to form via a BH-WD mergers [37] and AT2017gfo, associated with GW170817 [22]. Our optical observations reach a depth where we would have expected to observe the vast majority of supernovae or tidal disruption events. However, we do not have sensitivity to detect kilonovae like AT2017gfo.

$_{263}$ Methods

$_{264}$ *Swift* Observations

265 **BAT**

BAT data were downloaded from the UK Swift Science Data Centre 266 (UKSSDC; [50, 51]). Reduction was performed using the dedicated pipeline 267 batgrbproduct v2.48 from the High Energy Astrophysics Software package 268 $(\text{HEAsoft v6.28; } [52])^2$. We extract count-rate light curves in four energy bands: 269 15-25 keV, 25-50 keV, 50-100 keV and 100-150 keV, using the batbinevt 270 routine with 64 ms time bins. Spectral lag in the T_{90} interval is calculated 271 with the Python routine signal.correlate from the scipy package [53]. The 272 time lag is taken to be the value corresponding to the peak of the correlation 273 coefficient, and the confidence interval as $2/\sqrt{n-d}$, where n is the size of the 274 data array and d is the measured lag [54]. 275

To obtain the hardness ratios presented in Figure 1, BAT spectra in the 276 energy range 15–150 keV were extracted with batbinevt. Spectra were pro-277 duced for the duration of the initial pulse complex (IPC; see Figure 1), and 278 from the end of the IPC to T_{90} (marked 'EE' in Figure 1), following the def-279 initions of these epochs in [33, 41, 55] for GRBs 080503, 060614 and 050724, 280 respectively. Spectra were then fit in xspec v12.11.1 with an absorbed power-281 law model of the form cflux*tbabs*ztbabs*pow [56], where cflux is used 282 to measure the time-averaged flux in the 25-50 keV and 50-100 keV bands in 283 each spectrum. Absorption in the Milky Way is fixed to the values derived in 284 [57], while flux, photon index and redshifted absorption are free parameters. 285

286 **XRT**

287 XRT data for light curves and spectral parameters are taken directly from the
288 UKSSDC [50, 51].

289 UVOT

The Swift/UVOT began settled observations of the field of GRB 191019A 290 3294 s after the Swift/BAT trigger. The source counts were extracted initially 291 using a source region of 5'' radius. When the count rate dropped to below 0.5 292 counts per second, we used a source region of 3'' radius. In order to be con-293 sistent with the UVOT calibration, these count rates were then corrected to 294 5'' using the curve of growth contained in the calibration files. Background 295 counts were extracted using 3 circular regions of radius 15'' located in source-296 free regions. The count rates were obtained from the image lists using the 297 Swift tools uvotevtlc and uvotsource, respectively. At late times the light 298 curves are contaminated by the underlying host galaxy. In order to estimate 299 the level of contamination, for each filter we combined the late time expo-300 sures (beyond 10^7 s) until the end of observations. We extracted the count 301

²http://heasarc.gsfc.nasa.gov/ftools

rate in the late combined exposures using the same 3" and 5" radii apertures, aperture correcting where appropriate. These were subtracted from the source count rates derived with the same size aperture to obtain the afterglow count rates. The afterglow count rates were converted to magnitudes using the UVOT photometric zero points (Poole et al. 2008; Breeveld et al. 2011). To improve the signal-to-noise ratio, the count rates in each filter were binned using $\Delta t/t = 0.2$.

³⁰⁹ Nordic Optical Telescope

We obtained multiple epochs of observation of GRB 191019A with the Nordic 310 Optical Telescope (NOT) and ALFOSC imaging spectrograph. Our first night 311 observations were obtained in the qriz bands, beginning 0.19 days after the 312 burst. Images were reduced using standard procedures. To search for transient 313 emission we undertook PSF matched image subtraction [58]. This revealed a 314 clear transient source in the first epoch in all four bands. Further observations 315 were obtained at 2.4, 3.2, 10.2, 34 and 245 days. However, these observations 316 did not reveal any transient emission. A full log of imaging observations is 317 shown in Table 1. 318

In addition to imaging observations we also obtained a spectrum of GRB 191019A on 19 October 2019, approximately 6 hours after the GRB. The spectrum was processed through IRAF for flat-fielding, wavelength and flux calibration.

323 Gemini South

We obtained a series of observations of the location of GRB 191019A from the 324 Gemini-South Observatory using GMOS. Imaging observations were obtained 325 in the q, r and z-bands at 8 epochs between 11 and 70 days after the burst, 326 with the primary aim of detecting and characterising any associated supernova. 327 Data were bias subtracted, flat-field corrected and combined via the Gemini 328 IRAF package. To determine any transient contribution we use two different 329 approaches. The first is the standard approach of image subtractions which we 330 attempted via the HOTPANTS code. These images reveal no evidence for tran-331 sient emission. However, because of the compact nature of the host galaxy 332 core which is unresolved in ground based resolution, not all epochs yielded 333 clean subtractions. Therefore, to determine limits across all epochs we utilise 334 the simpler approach of direct photometry in a large (3 arcsecond) apertures. 335 There is no evidence for any variation in the galaxy with the RMS between 336 the different epochs corresponding to 1.3% in g, 1.0% in r and 1.5% in z. This 337 suggests that there is no variation in the source across the 11–70 day period 338 of observations. To obtain limits for individual epochs we set the host galaxy 330 value as the mean of all epochs and subtract this from each individual epoch to 340 obtain measured fluxes at the time of each observation. These values are tab-341 ulated in Table 1 and are plotted as 3σ upper limits in Figure 4. Photometric 342 calibration is performed against Pan-STARRS. 343

³⁴⁴ Hubble Space Telescope Observations

We observed GRB 191019A with the Hubble Space Telescope (HST) at two 345 epochs on 19 November 2019 and 24 April 2020. At each epoch we obtained 346 imaging observations in the F606W (exposure times of 180 and 680 s, respec-3/17 tively) filter and grism spectroscopy with G800L. We reduced the imaging with 348 the astrodrizzle software, and subtracted the first epoch from the second. 349 Such an analysis is complicated because in the first epoch the first image was 350 short (180 s) and intended to act as a direct image for the grism spectroscopy. 351 Subsequently multiple cosmic rays are present that cannot be removed by the 352 addition of multiple images. This complicates direct photometry of the galaxy. 353 However, subtraction of the two epochs of imaging reveals no evidence for any 354 transient emission at the burst location. Inserting artificial stars suggests these 355 would be readily visible should they be brighter than F606W > 23.5 AB. 356

In addition to these observations we also obtained UV observations in F225W and F275W with exposure times of 2200 s. The data were reduced via **astrodrizzle** and aligned to our NOT and Gemini observations. The host galaxy is well detected in both filters, and appears extended. The resulting photometry is shown in Table 3.

362 Astrometry

To determine the location of GRB 191019A on its host galaxy we performed 363 astrometry between the images taken with the NOT on 19 October 2019 and 364 that with HST on 24 April 2020. We chose 20 compact sources in common 365 to each image and derived a map between the two sets of pixel co-ordinates 366 via the IRAF task geomap in each of the q,r,i and z-bands. The resulting 367 uncertainties arise from the astrometric fit and the uncertainty in the centroid 368 of the afterglow in the NOT subtracted images. We estimate the centroid 369 error be 0.3 ACS pixels (appropriate for a S/N=30 detection of the source 370 with a seeing of ~ 1.0 arcseconds). This is typically (but not always) smaller 371 than the error from the astrometric fit. The resulting positions are shown 372 in Figure 2. In the i-band (which has the tightest astrometric fit) we find 373 that the offset from the centroid of the host galaxy is $\delta_{x(i)} = 0.30 \pm 0.41$ 374 and $\delta_{y(i)} = 0.27 \pm 0.41$ pixels. In g, r and z the corresponding values are 375 $\delta_{x(g)} = 0.44 \pm 0.82, \ \delta_{y(g)} = 0.03 \pm 1.21, \ \delta_{x(r)} = 0.43 \pm 0.50, \ \delta_{y(r)} = 1.48 \pm 0.54,$ 376 $\delta_{x(z)} = 0.85 \pm 0.91$. $\delta_{y(z)} = -0.68 \pm 0.87$. We therefore conclude that the source 377 is consistent with the nucleus of the host galaxy at a projected offset (based 378 on the *i*-band astrometry) of $r = 0.020 \pm 0.029$ arcseconds or 78 ± 109 pc at 379 z = 0.248.380

³⁸¹ Chance alignment

It is relevant to consider the probability of chance alignment of a given position with a galaxy. Such chance alignments are inevitable in large samples of transient sources, such as the *Swift*-BAT catalog. However, the location of GRB 191019A, so close to the nucleus of a relatively bright $(r \sim 19)$ galaxy, leads to an extremely small chance probability. Formally, following [59], the probability of lying within 0.04" of such a host galaxy is $\sim 10^{-6}$. Therefore, even considering the ~ 1000 long GRBs observed by *Swift*, the likelihood of a chance alignment of GRB 191019A with the nucleus of this galaxy is very small. We therefore consider the association to be robust.

The chance alignment above refers to the probability that the host galaxy 391 itself is wrongly assigned. However, there is another relevant chance alignment 392 to consider, namely if the projected offset is consistent with the physical offset. 393 i.e. is the burst truly nuclear, or only appearing in projection with the host 394 nucleus, while actually lying in front (or behind) it? No sub-arcsecond localised 395 short-GRBs lie at smaller projected offsets from their hosts than GRB 191019A 396 [26]. Indeed, the solid angle for kicked events to have essentially radial kicks 397 along our line of sight is very small, while the chances of random orbits crossing 398 within this distance of the nucleus is also low. This is also in keeping with the 399 predicted offsets of compact object mergers in population synthesis [59-62], 400 where < 0.1 - 1% of mergers are typically within 70 pc of the host nucleus. 401

For long GRBs the situation is quite different, and these bursts do arise 402 from such small offsets approximately 5% of the time [45, 63, 64]. Indeed, for a 403 progenitor which traces the stellar population of the host galaxy (i.e. no kicks) 404 we may expect the chance alignment probability to be equal to the fraction 405 of the total host light contained within the pixel hosting the event [45]. In 406 the case of GRB 191019A, the central pixel contains $\sim 3\%$ of the total light. 407 However, the host galaxy of GRB 191019A is critically different to long GRB 408 host galaxies where are typically blue, highly star forming systems, not like the 409 red, quiescent host of GRB 191019A. Low redshift long GRBs also normally 410 show supernova signatures (see section on collapsars). 411

The zero extinction required for the afterglow could be indicative of a 412 projection in front of any extinguishing material, especially as the galaxy has 413 a relatively high inclination angle (~ 70 degrees). However, the SED fit to the 414 galaxy suggests relatively little dust $A_V = 0.19 \pm 0.08$ globally. In quiescent 415 galaxies such as the host of GRB 191019A there is on average much less dust 416 and extinction than in star forming systems by factors of ~ 50 at the same 417 stellar mass^[65]. Indeed, the hosts of TDEs (which as noted are very similar 418 to the host of GRB 191019A) do not show significant extinction. Several of 419 these events are edge on and robustly have low extinction (e.g. ASASSN-420 14ae with $A_V = 0.15 \pm 0.15$ [66], and iPTF16fnl with E(B-V)<0.05 [49]). 421 The demographics of these TDE hosts show an almost uniform distribution 422 in inclination angle [67]. Although there is a geometric preference for edge-on 423 systems (i.e. more systems are viewed edge-on than face-on) this suggests that 424 the extinction effects are generally modest. 425

426 Afterglow properties

427 Light curve

The optical afterglow is detected only at a single epoch at ~ 0.2 days. All observations beyond this point are upper limits.

The X-ray light curve parameters, obtained from the UKSSDC, show that the X-ray afterglow can be adequately modelled by a single power-law with index $\alpha_1 = 1.27^{+0.17}_{-0.15}$. Alternatively, a broken power-law with $\alpha_1 = -0.14^{+0.54}_{-0.16}$, $\alpha_2 = 1.6^{+0.5}_{-0.4}$ and a break time of $t_b = (5.9^{+4.2}_{-1.8}) \times 10^3$ s also provides a good fit, although not statistically required (chance improvement probability of 4.5%, or $\sim 2\sigma$).

To place the X-ray (and early γ -ray data) in context with the overall Swift 436 population, we retrieve from the *Swift* Burst Analyser [68] the γ -ray and X-437 ray light curves of all Swift GRBs detected up until 9 October 2022. We select 438 all GRBs with at least 2 detections by BAT and XRT each and a measured 439 redshift with an accuracy of ≤ 0.1 in redshift space. To divide the final input 440 sample of 395 GRBs into long and short GRBs, we follow [26]. In total, our 441 sample consists of 356 long and 39 short GRBs. We processed their light curve 442 data and moved them to their rest-frames following [69]. Figure 5 shows the 443 parameter space occupied by the long (left) and short (right) GRBs as a density 444 plot and the BAT+XRT light curve of 191019A in blue. In both plots, we also 445 display the light curves of GRB 050219A and 211211A (in red) and, in the 446 right hand panel, also highlight the short GRBs with extended emission [70]. 447

The X-ray light curve of GRB 191019A is relatively poorly sampled, but its evolution in luminosity space is consistent with the population of short-GRBs with extended emission (see Figure 5), while being far less consistent with the long-GRB population. This offers further support of the interpretation of GRB 191019A as belonging to the population of GRBs created via compact object mergers.

454 Spectral energy distribution and extinction

A straightforward way to explain the non-detection of any supernova emission would be to invoke dust extinction. To explain the non-detection of the supernova in our observations would require $A_V > 3$ mag. However, the afterglow in this case would also be subject to extinction and would be red. The detection in the UVW2 ultraviolet filter offers a strong indication that the extinction is low.

⁴⁶¹ Moreover, corrected for the (small) Galactic extinction, the optical and ⁴⁶² UV data do not show a reddened spectrum (Fig. 6), and the spectral energy ⁴⁶³ distribution is well described with a power-law with spectral index $\beta_{opt} =$ ⁴⁶⁴ 0.78 ± 0.08, which is consistent both with the X-ray value $\beta_{\rm X} = 1.0^{+0.4}_{-0.3}$ and ⁴⁶⁵ especially with the optical-to-X-ray slope $\beta_{\rm OX} = 0.82$ [71]. This indicates that ⁴⁶⁶ the optical flux is not suppressed, indicating negligible extinction, and that a ⁴⁶⁷ single power law can describe the entire data set.



Fig. 5 The X-ray afterglow of GRB 191019A in context with other GRBs. The left hand panel shows a comparison to the long duration GRBs, and the right hand panel to the short bursts. The greyscale background indicates the fraction of bursts at a given luminosity. GRB 191019A lies at the fainter end of the prompt emission for long GRBs (i.e. within the first hundred seconds), and has an X-ray afterglow which is significantly underluminous for long bursts. However, it has a luminosity entirely consistent with short GRBs.

To quantify limits on the extinction we fit the resulting X-ray-UV-optical SED with a obscured power-law model following the method of [72]. This allows for either a single power-law, or the presence of a cooling break between the X-ray and UV/optical regime, as well as considering the impact of obscuration in both the soft X-ray and UV/optical regimes. This joint fit confirms a single power-law slope between the X-ray and the optical, and provides a measurement of $A_V = 0.06 \pm 0.05$, confirming low extinction.

475 Host galaxy properties

The host galaxy is morphologically smooth and highly centrally concentrated 476 (Figure 8). We determine the surface brightness profile via fitting elliptical 477 isophotes to the late time HST observations. The peak surface brightness is 478 ~ 16.5 mag arcsec⁻², almost a magnitude brighter than, for example, the 479 central surface brightness of the very luminous host of the short GRB 050509B 480 (at z = 0.22, a similar redshift). The surface brightness profile is not well 481 modelled by a single Sersic profile, but constitutes a near point-like source with 482 lower surface brightness emission. Its 20, 50 and 80% light radii are 0.09, 0.27 483 and 0.75 arcsec. Notably, its concentration index r_{20}/r_{80} is extreme compared 484 to most samples of galaxies [73], but comparable to those of TDE hosts (see 485 Figure 9). It is relevant to consider if some of this light could arise from an 486 AGN. However, we cannot confirm this in the absence of any AGN-like emission 487 lines in the optical spectrum of the source. The presence of a weak [N II] line 488 is apparent in both the NOT and Gemini spectra, and the absence of oxygen 489 or hydrogen emission lines may favour a more AGN-like set of line ratios, but 490 such an interpretation is not conclusive. A late time observation with the Swift 491 X-ray Telescope suggests an upper limit of $F_{\rm X} < 3 \times 10^{-14} {\rm ~erg~s^{-1}~cm^{-2}}$, 492 corresponding to a luminosity of $L_{\rm X} < 6 \times 10^{42}$ erg s⁻¹. This rules out X-ray 493



Fig. 6 The X-ray to optical spectral energy distribution of the GRB 191019 afterglow, 0.21 days after the detection (average time of the first-night NOT observations). The optical data (z to UVW2) are corrected for the (small) Galactic extinction corresponding to $A_V = 0.10$ mag. The dashed line shows a single power-law connecting the X-ray and UV-optical regime (there is no requirement for a spectral break, e.g. the cooling break), while the red line is the best fit accounting for the impact of host galaxy extinction. The best fit $A_V = 0.06 \pm 0.05$, confirming that there is little extinction along the line of sight to GRB 191019A.



Fig. 7 The star (left) and mass (right) formation histories of the host of GRB 191019A, determined through the Prospector fitting. The dark green lines indicate the median SFR and mass formed in each bin, and the light green regions represent the 1σ uncertainty. We find that the majority of stars and mass in the galaxy formed at $t_{lookback} > 1$ Gyr, and that the host has transitioned into a quiescent galaxy, with a low present-day SFR.

⁴⁹⁴ luminous AGN, but not fainter, low luminosity examples. Finally, the colours ⁴⁹⁵ in the WISE catalog of $W1 - W2 = 0.25 \pm 0.12$ lie far from the expected colours ⁴⁹⁶ of AGN in these bands (W1 - W2 > 0.8).

We fit the optical NOT/ALFOSC spectrum and broader-band photometry of the host galaxy with Prospector [74, 75], a stellar population modeling inference code, to determine its stellar population properties, such as stellar

population age, mass formation history, and star formation history (SFH). 500 **Prospector** samples each property parameter space with a nested sampling 501 fitting routine, dynesty [76], and produces model spectral energy distributions 502 with FSPS and Python-fsps [77, 78]. We apply a Milky Way extinction law 503 [79], Chabrier IMF [80], and a non-parametric SFH to the fit. We choose a 504 non-parametric SFH model as we can then more accurately determine when 505 the majority of stars formed in the galaxy's history, and thus when the pro-506 genitor likely formed. However, we note that most stellar population modeling 507 to date uses a parametric SFH that tends to result in lower stellar masses and 508 stellar population ages. We use a non-parametric SFH with seven age bins; the 509 first two are between 0 and 30 Myr and 30 and 100 Myr, and the final five are 510 log-spaced from 100 Myr to the age of the universe at GRB 191019A's redshift 511 $(z = 0.248, t_{univ} \sim 10.78 \text{ Gyr})$. We further apply a mass-metallicity relation 512 [81] to sample realistic masses and stellar metallicities, and a dust 2:1 ratio 513 between the old and young stellar populations [82-84]. We fit the model spec-514 tral continuum with a 10th order Chebyshev polynomial and include a nebular 515 emission model with gas-phase metallicity and a gas-ionization parameter in 516 the fit to measure spectral line strengths. Since the host may also contain an 517 AGN we also add two AGN components, that dictate the mid-IR optical depth 518 and the fraction of AGN luminosity in the galaxy. 519

We find that the host of GRB 191019A has a stellar population age of 520 $4.34^{+0.88}_{-0.47}$ Gyr (median and 1σ), stellar mass with $\log(M/M_{\odot}) = 10.57^{+0.02}_{-0.01}$, 521 and current-day SFR of $0.06^{+0.08}_{-0.03} M_{\odot} \text{ yr}^{-1}$, thus is currently a quiescent 522 galaxy, given the sSFR and redshift. From a limit of the H α flux, we determine 523 an H α SFR < 0.12^{+0.07}_{-0.06} M_{\odot} yr⁻¹. We report the SFH and mass formation 524 history of the host in terms of the lookback time $(t_{lookback})$, and show the 525 subsequent histories in Figure 7. We find that the majority of stellar mass 526 and stars formed at $t_{\text{lookback}} \gtrsim 1$ Gyr, with a steep decline in mass and star 527 formation to present-day, $\sim 99\%$ of the stellar mass was assembled > 1 Gyr 528 before the merger (Figure 7, right). Thus, the progenitor of GRB 191019A has 529 a higher a priori probability of forming > 1 Gyr ago, making it unlikely to 530 originate from a young stellar progenitor. 531

As an independent check of the absence of emission lines in the host galaxy of GRB 191019A we also fit the NOT spectrum with penalised pixel fitting pPXF [85], where we fit only the stellar component and no emission lines following [86]. As with our *Prospector* fitting the resulting residuals provide no evidence for emission features.

537 Comparison with short and long GRB host galaxies

We can compare the properties of the host of GRB 191019A with those of other long and short duration GRBs. A bulk comparison is often done utilizing the stellar mass and star formation rate of these galaxies. This is plotted for a sample of long [87] and short [88] host galaxies in Figure 10. The long GRBs overwhelmingly favour actively star forming hosts, with high specific



Fig. 8 The surface brightness profile of the GRB 191019A host as determined via elliptical isophote fitting in ellipse. The host has a very compact, almost point-like core, although its surface brightness profile is not well fit with either a point-source plus a Sersic profile, nor the sum of two Sersic profiles, especially beyond 1".

543 star formation rates. In contrast the short GRBs span a wide range of star 544 formation rates including a modest fraction apparently in quiescent systems.

There are two long GRB host galaxies which stand out from the apparent 545 trend. One is the host of GRB 191019A. The other is the host of GRB 050219A 546 [44]. This burst is only localised via its X-ray afterglow, but has a comparable 547 redshift to GRB 191019A and similar energetics ($E_{\rm iso} \sim 10^{51}$ erg). With only 548 an X-ray position it is not possible to accurately determine if the burst is 549 nuclear, and indeed the probability of chance alignment is larger due to the 550 poor localisation ($P_{\text{chance}} \sim 0.8\%$). However, it also lies in a galaxy showing 551 Balmer absorption lines but little evidence for star formation. Rossi et al. [44] 552 also classify it as a post starburst system. The similarities with GRB 191019A 553 are striking, and we consider it a possible example of a similar event. 554



Fig. 9 Concentration and asymmetry measurements for the host of GRB 191019A compared with those of a sample of normal galaxies from [73], and the hosts of tidal disruption events from [89]. Morphologically, the GRB 191019A host appears very similar to the TDE systems, consistent with an origin in dense environments where stellar interactions are common.



Fig. 10 A comparison of the host properties (stellar mass and specific star formation rate) of GRB 191019A with those of long GRBs (from [87]) and short duration GRBs (from [88]). The GRB 191019A host has a very low star formation rate, and lies in a region devoid of other long GRB hosts. However, this region is populated by short-GRB host galaxies. The same is true for the host of GRB 050219A [44]. Another plausibly similar event, GRB 110005A [42] is in a region populated by both long and short GRB hosts.

⁵⁵⁵ GRB 191019A as a merger-GRB

556 Collapsars

At first sight, GRB 191019A appears a relatively normal, if soft, long duration 557 GRB. It consists of a fast rise with a slower decay with some variability super-558 imposed on this decay. It is not a short GRB, nor is it obviously a member of 559 the population of short GRBs with extended emission, where an initial spike 560 is followed by longer-lived, softer emission. However, the location in an old 561 host galaxy and the lack of any visible supernova emission strongly disfavour 562 the presence of any massive stars which could produce collapsar-like events. 563 Although previously identified supernovaless GRBs have been suggested to 564 arise from direct collapse of massive stars to black holes [39, 40, 90], in those 565 cases the bursts were associated with star forming host galaxies [39]. Even 566 in these cases, kilonova signatures now suggest it is more likely we observed 567 a merger, rather than an unusual core collapse event [2-4]. Indeed, the most 568 massive stars generally require higher star formation rate to be formed in 569 significant numbers, especially given the stochastic sampling of the IMF. In 570 principle massive stars can be built by the merger of lower mass stars in dense 571 environments [91]. Although a small population of younger, massive stars may 572 be present in the galaxy, it constitutes a very small fraction of the total mass 573 (with 99% built up more than 1 Gyr ago). It would likely take multiple mergers 574 of relatively low mass stars to build a star sufficiently massive to directly 575 collapse to a black hole. 576

577 Tidal disruption events

The location in the galaxy nucleus could be indicative of an origin associated 578 with the supermassive black hole which resides there. In particular, a popula-579 tion of relativistic tidal disruption events have been identified by the Swift-BAT 580 [92–96]. However, these events are typically of very long duration and were 581 visible to the *Swift*-BAT for several days at a luminosity of $> 10^{47}$ erg s⁻¹. 582 Alternatively, more typical tidal disruption events do not generate detectable 583 γ -ray emission but are found with long-lived (> 10⁷ s), lower luminosity X-584 ray emission (~ 10^{42} - 10^{44} erg s⁻¹ [97, 98]), as well as long-lived optical/UV 585 thermal signatures significantly brighter than our limits for GRB 191019A 586 (Figure 4) [18]. 587

The timescale for tidal disruption events is generally thought to be related 588 to the return time for the most bound ejecta of the disrupted star. It can 589 be much shorter in the case of white dwarfs disrupted by intermediate mass 590 black holes [99]. Such a black hole mass is inconsistent with that inferred for 591 the black hole mass in the GRB 191019A host via scaling relations (few $\times 10^7$ 592 M_{\odot}). Furthermore, even these systems have generally been discussed in the 593 context of long GRBs with extremely long durations [100, 101], and simulations 594 suggest they should give rise to detectable X-ray and optical emission for tens 595 of days following the disruption [102]. There is also a suggested population of 596 micro-TDEs, in which a main sequence star is disrupted by a stellar mass black 597

⁵⁹⁸ hole [103]. However, these events are also suggested as an explanation for the ⁵⁹⁹ longest duration (so-called ultra-long) GRBs [100] and do not naturally match ⁶⁰⁰ the timescales here.

601 Compact object mergers

The recent identification of a kilonova in GRB 211211A demonstrated that much longer lived bursts can arise from compact object mergers [2–4]. For GRB 191019A, the older host and lack of supernova would be consistent with this expectation. However, it is relevant to consider if its properties are consistent with previous examples of long-lived merger-GRBs.

The γ -ray light curve of GRB 191019A does start with a short lived (0.5 s), 607 somewhat harder pulse, but this is not clearly distinct from the overall prompt 608 emission. However, in the population of short GRBs with extended emission 609 there is a range of contrast ratios between the short spike and the extended 610 emission ranging from 0.2 to > 50 [33]. There is also a substantial variation 611 in the time between the short spike and the appearance of extended emission 612 from ~ 0 to ~ 20 s [32, 104]. The combination of a low contrast and short delay 613 could readily mean that some bursts are not easily identifiable as short+EE 614 based on their light curves. While at durations of ~ 1 minute the majority 615 of GRBs are likely to arise from collapsars, a small fraction from mergers is 616 entirely plausible. Indeed, the softer than usual spectrum for GRB 191019A 617 places it in a region of hardness duration space which is comparable to extended 618 emission see in other GRBs (see Figure 1). 619

We also measure the spectral lag between the harder and softer emission. In collapsar GRBs there is a noticable spectral lag in which the softer emission is delayed (lags) the harder emission. Such a measurement is not seen in merger-GRBs [41]. For GRB 191019A, formally the soft emission leads the harder emission with a measured spectral lag of $\tau = -96 \pm 63$ ms (between the 50–100 and 15–25 keV bands, with 16 ms binning). This lag measurement is atypical for long GRBs, and suggests a merger-origin is plausible.

It may also be the case that the burst arises from a merger, but there 627 is no short spike in this case (hidden or otherwise). This may be the case 628 if, for example, there are different beaming angles for the short spike and 629 extended emission. Indeed, it has been suggested that a population of orphan 630 extended emission bursts should also be present [34, 35]. Furthermore, there 631 are claims that a population of fast X-ray transients seen in narrow field X-ray 632 observations (e.g with *Chandra*) arise from compact object mergers [105, 106]. 633 None of these systems show initial short spikes (albeit in a much softer energy 634 band than the *Swift*-BAT). 635

Finally, mergers within the discs surrounding supermassive black holes create jets with very different dynamics to those in a tenuous interstellar medium. In particular, the high densities result in the formation of an external shock very close to the progenitor, and the dissipation of energy within this shock causes bursts which are intrinsically short and hard to be smeared out and softened [11]. Although not conclusive, the similarity of GRB 191019A to these
models is remarkable.

⁶⁴³ Dynamical formation channels

There are various ways in which dynamical interactions create compact object 644 binaries. Firstly, the interactions can create new compact object binaries via 645 2+1 interactions which tend to leave the more massive components within a 646 binary. Once formed these binaries can be further hardened (have their sepa-647 rations reduced) by additional interactions and eventually merger within the 648 Hubble time [107]. The SMBH can also act as a perturbation, in particular via 649 the creation of Kozai-Lidov cycles, which increase the eccentricity and decrease 650 the periapsis separation of the binary, thus increasing GW energy losses and 651 ultimately enhancing the merger rate [108]. Fragione et al. [6] find the rates 652 of compact object binary formation in galactic nuclei to be of order 1 $\rm Gpc^{-3}$ 653 yr^{-1} , although these are highly sensitive to the details of the dynamics within 654 the galactic nuclei. If indeed galaxies similar to the hosts of GRB 191019A have 655 much higher interaction rates than MW-like galaxies, this could be enhanced 656 significantly. 657

A challenge for dynamical production via many-body interactions is that 658 these interactions tend to leave the most massive objects within the binaries 659 [27]. Hence, the expected rates of NS-NS mergers within globular clusters 660 are much smaller than the BH-BH rate [27]. This is somewhat in conflict 661 with the 1-3 out of ~ 20 BNS systems in the Milky Way which are found 662 within globular clusters (the range reflects the uncertainty in the nature of the 663 compact companions in some cases). It may be that in these systems the BNS 664 is a transitory state, and further interactions may yet take place before the 665 GW-induced merger. However, the rate of dynamical formation is higher than 666 the rate of mergers in clusters. Many NS-NS and BH-NS systems which are 667 dynamically formed in globular clusters are ejected, and ultimately merge far 668 from the cluster. The escape velocities of globular clusters are small (~ 50 km 669 s^{-1}), in contrast, the escape velocities from the centre of the GRB 191019A 670 host are much larger. The central regions cannot be directly resolved, but 671 assuming the half-light radius is also half the stellar mass the escape velocity 672 from $\sim 1 \text{ kpc}$ would be $> 300 \text{ km s}^{-1}$, so that binaries ejected via dynamical 673 formation would also likely merge close to the nucleus, especially since these 674 ejected systems likely have lower velocities than field binaries [27]. Of course, 675 should systems formed in the field also be formed while the galactic potential 676 is so centrally concentrated they are also less likely to escape, although would 677 be placed on eccentric orbits, spending most of their time at larger projected 678 radii. 679

In addition to these star-star (or star-SMBH) interactions there are also interactions with the gaseous disk which may exist around the SMBH. The rates of such systems are subject to significant uncertainty and debate; upper limits as high as 400 Gpc⁻¹ yr⁻¹ [7] have been suggested. Indeed, associations with unusual AGN outbursts have been claimed for some gravitational wave (BBH) sources at moderate significance [109, 110]. There remain significant model and observational uncertainties associated with these results [29],
however, if they are correct, then a rather large fraction of BBH mergers would
be taking place within the discs of AGN.

⁶⁸⁹ Dynamical versus field rates

Interpreting GRB 191019A as a compact object merger is the most economi-690 cal explanation of the available observations. However, this does not directly 691 address the issue of whether it formed from a field binary or via a dynamical 692 channel. The relative contribution of dynamical and field binaries depends on 693 several factors including the location of the burst, the age of the galaxy and 694 the likely interaction rates within its core, in addition to the intrinsic ratio of 695 dynamical to field systems. For GRB 191019A the location with the nucleus, 696 and the presence within an ancient galaxy with apparently very high interac-697 tion rates all point in the direction of dynamical interactions. However, for any 698 single event, the determination between a dynamical or field object is difficult 699 to obtain conclusively. Here we consider a range of plausible possibilities in 700 order to present a more quantitative assessment of the probability that GRB 701 191019A derives from a dynamically formed system. In particular, we consider 702

- The intrinsic ratio of dynamical to field mergers (R_{int}) , averaged over all events. In general, the field rate substantially exceeds the rate formed dynamically in galactic nuclei. Published rates [31] for field binaries span a range from 0.3–8900 Gpc⁻³ yr⁻¹ and nuclear interactions from 0.004–1.5 Gpc⁻³ yr⁻¹ or < 400 Gpc⁻³ yr⁻¹ considering gaseous discs.
- Since black holes are preferentially retained in exchange encounters, the BHNS ratio is an order of magnitude higher than that in BNS systems. Indeed,
 of the small number of events identified to date in gravitational waves the
 ratio has been suggested to be 4:1, with GW191219_163120 identified as a
 possible dynamical event due to the high mass ratio [111].
- The enhancement or suppression of the rate in a given nucleus (E_{dyn}) . Here, an "average" galactic nucleus would have a value of one, a low mass dwarf may be relatively suppressed, whereas the dense cores of galaxies which are seen to preferentially host TDEs are enhanced, perhaps by two orders of magnitude.
- A factor $(f(t_m > t_{gal}))$ which accounts for the evolution of the ratio as a 718 function of the age of the stellar population. For a single stellar population 719 the field binaries are formed rapidly (e.g. $\sim \text{few} \times 10^7 \text{ years}$), and then merge 720 at a rate determined by the delay time distribution. This is frequently taken 721 as t^{-1} [112], although several studies suggest a steeper relation [113, 114]. 722 Dynamical formation may yield a different delay time distribution, and is 723 actually dominated by the formation and hardening of binaries at times after 724 the field formation, and favours mergers with longer delay times (see e.g. 725 [27] and Figure 5 in [113]). For older populations, we expect relatively more 726 dynamical binaries than in the field. In the case of the host of GRB 191019A, 727

⁷²⁸ 99% of the stellar mass was assembled > 1Gyr ago, and the characteristic ⁷²⁹ age of the galaxy is ~5 Gyr. This suggests that most of the field binaries ⁷³⁰ that will merge have already done so. Indeed, in the short-GRB catalog of ⁷³¹ [88], ~ 5% are comparably old (or older) than the host of GRB 191019A. ⁷³² Alternative comparisons of population synthesis outcomes vary widely from ⁷³³ 70 to 99% on this timescale [113, 115].

• The fraction of field mergers which merge within the projected distance of host nucleus. As previously noted, none of the sub-arcsecond localised short GRBs are consistent with the nucleus of their host galaxy [26]. Models of evolving populations within galactic potentials [59–62] also show this number to be very small. For example, [116] suggest that for the overall population this fraction is $\sim 5 \times 10^{-4}$.

 $_{740}$ The relative ratio in the case of GRB 191019A is then

$$R_{191019A} = R_{int} \left(\frac{E_{dyn}}{f(t_m > t_{gal})f(< r_{proj})} \right).$$

$$\tag{1}$$

As noted above, there are substantial uncertainties in each of these param-741 eters, however can consider a range of possible scenarios. Estimated total rates 742 of dynamical BNS and NS-BH merger rates in Galactic nuclei are typically 743 2 to 4 orders of magnitude smaller than volumetric rates from field binaries 744 $(R_{int} = 10^{-4} - 10^{-2})$. If we allow for a 1-2 order of magnitude enhance-745 ment in the dynamical merger rate in galaxies like the host with increased 746 TDE rates $(E_{dyn} = 10 - 100)$, a one order of magnitude decrease in field 747 merger rates in old galaxies like the host with very little star formation in 748 the past Gyr $(f(t_m > t_{qal}) = 0.1)$, and a 2-3 order of magnitude adjustment 749 against a field merger appearing within 70 pc of the nucleus in projection 750 $(f(\langle r_{proj}) = 0.001 - 0.01)$, we find a significant preference for dynamical for-751 mation, likely by two orders of magnitude for values central in the range. We 752 acknowledge that extremal scenarios can produce ratio's close to 1:1, but in 753 the vast majority of scenarios it is substantially more likely that GRB 191019A 754 was produced via a dynamical channel. 755

756 Declarations

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Data Availability. The majority of data generated or analysed during this study are included in this published article (and its supplementary information files). Gamma-ray and X-ray data from *Swift* may be downloaded from the UK *Swift* Science Data Centre at https://www.swift.ac.uk/. *HST*, Gemini and NOT data can be downloaded from the relevant archives at https://archive.stsci.edu, https://archive.gemini.edu, https://www.not.iac.es/ observing/forms/fitsarchive/.

Code Availability. The Prospector stellar population modeling code
 is available at https://github.com/bd-j/prospector. The IRAF and python
 scripts necessary for *HST* data reduction can be obtained via astroconda,
 and IRAF (including the relevant Gemini IRAF packages) from http:
 //www.gemini.edu/observing/phase-iii/understanding-and-processing-data/
 data-processing-software/gemini-iraf-general.

⁸³⁸ Conflict of interest. We declare no conflicts of interests.

Authors' Contributions. AJL obtained, reduced and analysed observa-839 tions and wrote the text. DBM obtained and reduced the NOT observations, 840 performed subtractions and photometry and contributed to analysis and inter-841 pretation. BPG undertook the Swift BAT and XRT analysis and contributed 842 to analysis and interpretation. AEN performed analysis of the host galaxy with 843 **Prospector**. MN contributed to the light curve and TDE sections and spectral 844 analysis. SRO analysed the UVOT data. DAP contributed to the NOT observa-845 tions and interpretation. JR worked with the Gemini observations, photometry 846 and subtractions. BDM contributed to the theoretical discussion and interpre-847 tation. SS provided the comparison between the X-ray/gamma-ray light curves 848 of GRB 191019A and other bursts. ERS worked on population modelling of the 849 host galaxy. AI performed the fit of the spectrum with pPXF. AAC investigated 850 the host population and contributed to interpretation. KB and AF worked 851 on the HST observations and provided comments. AdUP worked on the NOT 852 observations and commented on the text. WF worked on the interpretation. 853 GF provided theoretical interpretation. JPUF led the first NOT observations 854 and provided comments. NG worked on the offset implications. KEH worked 855 on the NOT data and interpretation. JH worked on interpretation and text. 856

⁸⁵⁷ PGJ worked on the interpretation, in particular with regard to TDE possibil-

 $_{\tt 858}$ $\,$ ities. GL worked on the interpretation, IM provided theoretical input. JS and

 $_{\tt 859}~{\rm PJ}$ worked on the NOT data and provided comments. NRT was involved in

 $_{\rm 860}$ $\,$ the NOT, Gemini and HST observations.

Supplementary Information. Supplementary Information is available for
 this paper.

Supplementary Methods

⁸⁶⁴ Supplementary Discussion

Supplementary Tables

Table 1 Optical observations of the counterpart of GRB 191019A. The magnitude given is the integrated magnitude of host + afterglow, while the afterglow column provides the afterglow flux. An (s) indicates this flux is measured in a subtracted image while other magnitudes are based on the subtraction of the mean host galaxy flux in a large aperture. Magnitudes have not been corrected for foreground extinction of E(B - V) = 0.04 mag

Date	MJD	ΔT	Telescope	Band	Exptime	Magnitude	Afterglow
		(days)	-		(s)	(AB)	(μJy)
2019-10-19	58775.82559	0.188	NOT	i	600	18.585 ± 0.022	9.12 ± 0.36 (s)
2019 - 10 - 19	58775.83911	0.205	NOT	g	900	19.806 ± 0.014	5.40 ± 0.16 (s)
2019 - 10 - 19	58775.83911	0.217	NOT	r	900	19.028 ± 0.018	7.05 ± 0.21 (s)
2019-10-19	58775.86312	0.229	NOT	z	1000	19.212 ± 0.014	13.30 ± 0.40 (s)
2019-10-22	58778.87524	3.242	NOT	i	1500	18.646 ± 0.028	1.30 ± 3.66
2019-10-29	58785.85191	10.218	NOT	i	900	18.678 ± 0.029	-2.36 ± 3.69
2019 - 10 - 29	58785.86350	10.230	NOT	g	900	19.998 ± 0.014	0.017 ± 0.509
2019-10-29	58785.87499	10.241	NOT	r	900	19.093 ± 0.021	1.57 ± 1.93
2019-10-29	58785.88748	10.254	NOT	z	1000	19.391 ± 0.017	
2019-10-31	58787.03036	11.397	Gemini-S	g	900	19.940 ± 0.006	-0.14 ± 0.29
2019-10-31	58787.04344	11.410	Gemini-S	r	900	19.039 ± 0.004	0.82 ± 0.48
2019-10-31	58787.18344	11.550	Gemini-S	z	900	18.348 ± 0.008	1.04 ± 1.18
2019-11-10	58797.04364	21.410	Gemini-S	z	720	18.383 ± 0.010	-4.23 ± 1.78
2019-11-22	58809.82539	34.192	NOT	i	3000	18.648 ± 0.034	1.06 ± 4.39
2019-11-22	58809.84448	34.211	NOT	r	3000	19.110 ± 0.021	0.27 ± 1.91
2019-11-26	58813.02799	37.394	Gemini-S	g	900	19.938 ± 0.006	-0.08 ± 0.29
2019-11-26	58813.03911	37.405	Gemini-S	r	900	19.060 ± 0.004	-0.85 ± 0.46
2019-11-26	58813.05029	37.417	Gemini-S	z	600	18.368 ± 0.009	-1.99 ± 1.65
2019-12-09	58826.02618	50.393	Gemini-S	z	780	18.336 ± 0.011	2.88 ± 2.00
2019-12-16	58833.04820	57.415	Gemini-S	g	750	19.931 ± 0.007	0.17 ± 0.32
2019-12-16	58833.05932	57.426	Gemini-S	\bar{r}	750	19.047 ± 0.005	0.18 ± 0.54
2019-12-16	58833.07047	57.437	Gemini-S	z	750	18.342 ± 0.009	1.95 ± 1.68
2019-12-17	58834.05827	58.425	Gemini-S	g	750	19.936 ± 0.006	-0.01 ± 0.29
2019-12-17	58834.07159	58.438	Gemini-S	\bar{r}	750	19.041 ± 0.004	0.66 ± 0.47
2019-12-17	58834.08246	58.449	Gemini-S	z	750	18.353 ± 0.011	0.27 ± 1.97
2019-12-21	58838.05466	62.421	Gemini-S	g	750	19.955 ± 0.006	-0.67 ± 0.29
2019-12-21	58838.06358	62.430	Gemini-S	\overline{r}	750	19.044 ± 0.005	0.42 ± 0.54
2019-12-21	58838.07468	62.441	Gemini-S	z	750	18.347 ± 0.010	1.18 ± 1.83
2019-12-30	58847.03322	71.400	Gemini-S	g	800	19.915 ± 0.013	0.74 ± 0.53
2019-12-30	58847.04607	71.412	Gemini-S	\bar{r}	800	19.065 ± 0.006	-1.25 ± 0.61
2020-01-01	58849.04549	73.412	Gemini-S	z	750	18.362 ± 0.007	-1.10 ± 1.38
2020-06-21	59021.15875	245.525	NOT	r	1800	19.138 ± 0.010	-1.83 ± 1.13
2020-06-21	59021.18441	245.551	NOT	<i>g</i>	2400	19.999 ± 0.010	-0.017 ± 0.364

30 GRB 191019A

Table 2 Log of Swift-UVOT observations of GRB 191019A. The given magnitudes are a combination of afterglow + host galaxy. The afterglow flux densities are the remaining afterglow flux after the subtraction of the final epoch values for the White, V, B and U bands. For the UV filters (UVW1, UVM2, UVW2) we have HST observations which demonstrate that the host galaxy is much fainter that these detections. Therefore, rather than subtract the (low signal to noise) late UVOT observations, we subtract instead a source of $1.7 \pm 0.5 \mu$ Jy (with the error larger than those measured in the HST observations to reflect uncertainties in the precise band). The magnitudes are indicated in the table with an (a). Magnitudes have not been corrected for foreground extinction of E(B-V) = 0.04 mag.

MJD	ΔT	Telescope	Band	$t_{1/2}$ (s)	Magnitude	Afterglow
	(days)	_		(s)	(AB)	(μJy)
58775.673	0.0389	UVOT	White	75	$20.85^{+0.39}_{-0.29}$	9.26 ± 4.29
58775.690	0.0562	UVOT	White	100	$20.48^{+0.16}_{-0.14}$	14.59 ± 3.73
58775.962	0.3279	UVOT	White	343	$21.02_{-0.12}^{+0.13}$	4.01 ± 1.50
58781.722	6.0880	UVOT	White	40666	$21.24^{+0.04}_{-0.04}$	1.52 ± 0.53
58961.436	185.8020	UVOT	White	37620	$21.43^{+0.14}_{-0.13}$	
58775.675	0.0410	UVOT	V	100	$18.90^{+0.29}_{-0.23}$	44.92 ± 26.64
58775.695	0.0609	UVOT	V	100	$19.11_{-0.24}^{+0.31}$	27.4 ± 24.17
58775.811	0.1769	UVOT	V	80	$19.93^{+0.82}_{-0.46}$	-15.58 ± 24.38
58955.963	179.3290	UVOT	V	589	$19.55_{-0.24}^{+0.30}$	
58775.688	0.0538	UVOT	B	100	$20.52^{+0.50}_{-0.34}$	10.09 ± 10.71
58775.829	0.1952	UVOT	B	333	$20.52_{-0.21}^{+0.25}$	9.74 ± 6.31
58775.952	0.3186	UVOT	B	453	$20.54^{+0.22}_{-0.18}$	9.52 ± 5.56
58776.781	1.1474	UVOT	B	9405	$20.68^{+0.16}_{-0.14}$	7.21 ± 3.54
58959.945	184.3120	UVOT	B	444	$20.95_{-0.41}^{+0.66}$	
58775.685	0.0514	UVOT	U	100	$21.10^{+0.41}_{-0.30}$	9.89 ± 5.17
58775.743	0.1096	UVOT	U	73	$21.22^{+0.57}_{-0.37}$	8.47 ± 5.72
58775.942	0.3081	UVOT	U	453	$21.81_{-0.29}^{+0.39}$	3.58 ± 2.75
58776.781	1.1475	UVOT	U	9670	$22.28_{-0.24}^{+0.31}$	1.27 ± 1.50
58961.638	186.0050	UVOT	U	26238	$22.42_{-0.60}^{+1.42}$	
58775.683	0.0491	UVOT	UVW1	100	$21.282_{-0.30}^{+0.41}$	$9.31 \pm 3.46 \mathrm{a}$
58775.699	0.0654	UVOT	UVW1	74	$21.27^{+0.48}_{-0.33}$	$9.44 \pm 3.98 \mathrm{a}$
58775.890	0.2564	UVOT	UVW1	789	$22.40_{-0.34}^{+0.50}$	$2.22 \pm 1.54 \mathrm{a}$
58776.006	0.3724	UVOT	UVW1	222	$21.83_{-0.32}^{+0.46}$	$4.94 \pm 2.33 a$
58962.195	186.5620	UVOT	UVW1	500	$23.21^{+1.74}_{-0.64}$	
58775.677	0.0435	UVOT	UVM2	100	$22.36^{+1.12}_{-0.54}$	$2.43 \pm 2.69 \mathrm{a}$
58775.697	0.0633	UVOT	UVM2	100	$21.68_{-0.37}^{+0.57}$	$6.04 \pm 3.21 \mathrm{a}$
58775.876	0.2419	UVOT	UVM2	450	$23.52^{+1.37}_{-0.59}$	$-0.28\pm1.13a$
58968.894	193.2610	UVOT	UVM2	400	$23.11^{+0.94}_{-0.50}$	
58775.692	0.0585	UVOT	UVW2	100	$22.06_{-0.38}^{+0.59}$	$3.73 \pm 2.33 \mathrm{a}$
58775.762	0.1280	UVOT	UVW2	404	$22.02_{-0.21}^{+0.26}$	$3.94 \pm 1.3 \mathrm{a}$
58959.813	184.1790	UVOT	UVW2	444	$23.46^{+1.40}_{-0.59}$	_

Extended Data

Table 3Multiband photometry of the host galaxy of GRB 191019A.

Filter	λ (nm)	Magnitude (AB)	Origin
F225W	235.8	23.32 ± 0.07	This work
F275W	270.3	23.43 ± 0.04	This work
g	481.0	20.17 ± 0.02	Pan-STARRS [117]
r	617.0	19.18 ± 0.01	Pan-STARRS [117]
i	752.0	18.76 ± 0.01	Pan-STARRS [117]
z	866.0	18.58 ± 0.01	Pan-STARRS [117]
y	962.0	18.53 ± 0.025	Pan-STARRS [117]
Y	1020.0	18.21 ± 0.057	VHS [118]
J	1252	18.096 ± 0.079	VHS [118]
K_s	2147	17.547 ± 0.09	VHS [118]
WISE W1	3353	18.338 ± 0.047	WISE [119]
WISE W2	4603	18.729 ± 0.112	WISE [119]

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